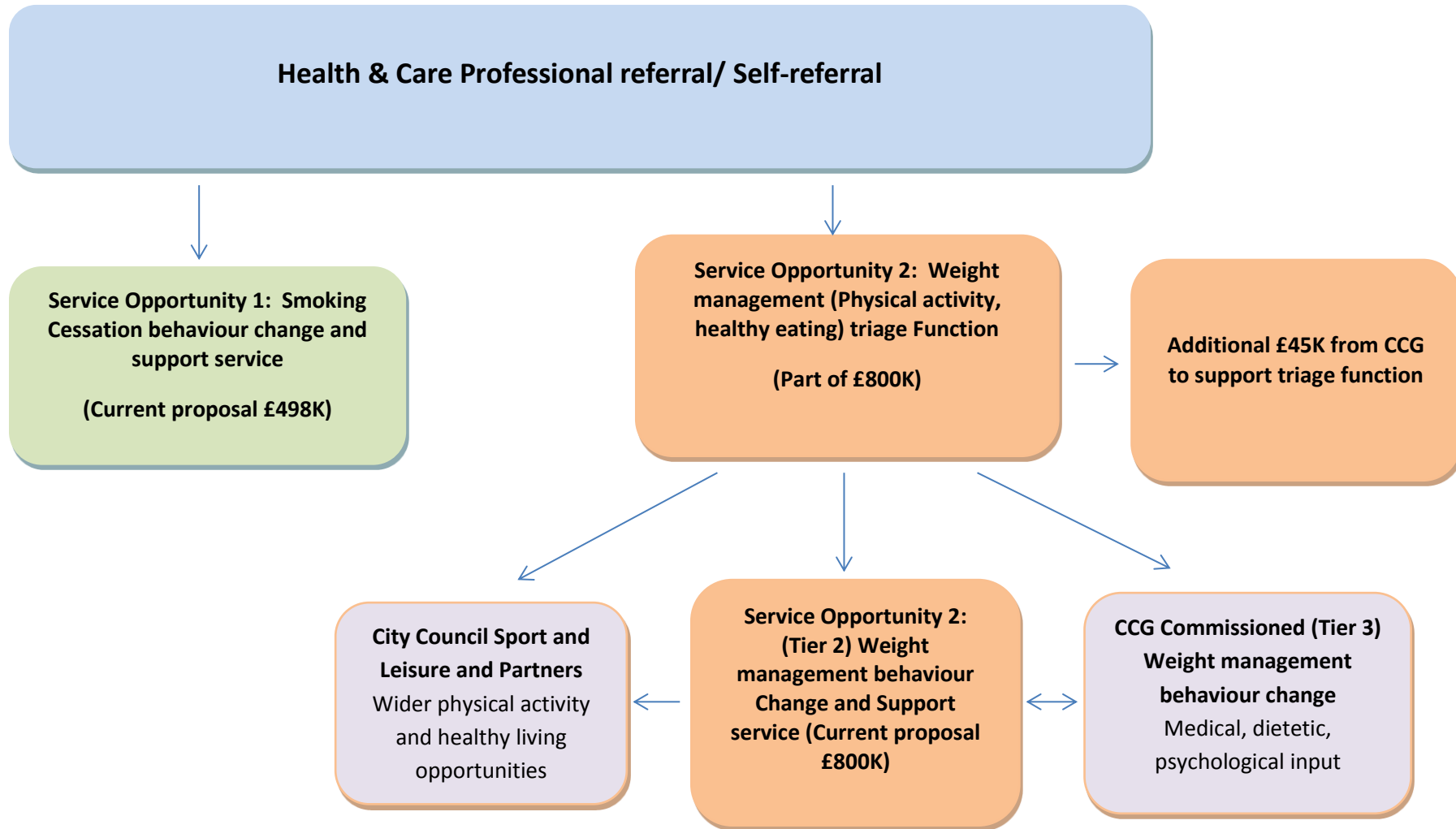


Appendix 1 - New Service Model's Proposed New Service model



It is expected that these commissioned services will have a close working relationship with the wider system to address the causes and risk factors for smoking and obesity. E.g. by referring from and to mental health, housing, debt, social care services etc.

Healthy Lifestyle Service Commissioning Lots, aim and target groups

Lot 1

Specialist Smoking Cessation Support

Aim: Support smokers to stop smoking

Eligibility criteria: smoker, motivated to quit, city resident/registered, aged 12 or over

Priority groups:

Low income groups

Central and Eastern Europeans

Adults with mental health problems

LGBT

Pregnant women

Lot 2

(Tier 2) Weight management

Aim: Support adults with higher levels of obesity and high risk of CVD to lose weight and reduce their risk

Eligibility criteria: city resident/registered, aged 18 or over BMI > 35 or > 32 and CVD high risk* and motivated to lose weight

Priority groups: Low income groups, women from Black and Asian backgrounds, adults with mental health problems, pregnant women and adults with learning disability

Third Party NHS Health Checks

Aim: Conduct NHS Health Checks to measure and communicate CVD risk/identify LTC and motivate people to change behaviour

Eligibility criteria: city resident / registered, age 40-74 years, no CVD, no CVD high risk, no Health Check in last 5 years etc

Priority groups: Low income groups, men and smokers

Lot 2 description

Lot 2

(Tier 2) Weight management

Weight/BMI Assessment // Behaviour change support // Physical Activity goal setting and support and provision – utilising signposting to wider provision // healthy eating advice and diet goal setting// Weight loss outcomes// % of client who achieve 10% weight loss and maintain at 12 months

Integration with specialist psychological and medical (tier 3 support) commissioned by CCG

Self-referral telephone front door

Management of 'One You' Healthy Lifestyle enquiries// Screening of weight management self referrals//signposting ineligible to access wider provision

Third Party NHS Health Checks

Inviting eligible patients from participating GP practice lists //conducting Health Check//supporting clients to access weight management and stop smoking service // providing GP practice with Health Checks results